

I was involved in a very serious car accident at the age of 16. For the next 12 years I experienced pain everyday, all day. My shoulder, back, neck, everything was always sore. Over those 12 years I saw many doctors who prescribed every pain pill and muscle relaxer on the market. When all of those "treatments" failed I was referred to an orthopedic surgeon who performed an orthoscopic surgery on my shoulder. Although the surgery was "successful" the surgeon said I would always have a "bum shoulder." So once again I was experiencing pain in my shoulder, back, etc.

Luckily I refused to believe that at 27 yrs. old I would literally spend the rest of my life with this nagging pain that kept me from doing the things I loved.

I started exploring my options and finally after pain meds, physical therapy, and surgery I found the treatment that worked for me.....Chiropractic!?!? Yes, it even seemed strange to me at first but I was willing to try anything.

After my fist appt. with Dr. Brown I made the commitment to myself to stick with the treatments for six months. With my hectic lifestyle this was a BIG commitment! In the beginning there were times I was in Dr. Brown's office 4 times a week! After every visit I was feeling better. Physically I was in less pain, I had more energy, and my overall appearance was improving.

I have been seeing Dr. Brown for about 6 months now and I feel better than I can ever remember. I truly feel that Dr. Brown has changed my life. I know we still have work to do and I will continue chiropractic treatments maybe forever. Who knows? I just know I feel great and it's a natural, healthy, happy way to live!

-Allison Thomas